

On-Line Course: What to do When You Have a Setback

A 6-WEEK MINI, SELF-DIRECTED COURSE STARTS ON **MONDAY 14 MAY 2018**



WHEN SOMETHING BAD HAPPENS, YOU HAVE THREE CHOICES

- You can let it define you
- Let it destroy you or
- You can let it strengthen you

Overview: A setback is defined as a *reversal of progress*. Setbacks are anything in our lives that are trivial or significant: Here are some examples: A mishap, delay, inconvenience, obstacle or a tragedy. We all have to deal with them. The Question is: How will you respond?

Drawing from her own story and now walking in her purpose, Hyacinth breaks down what can seem like a complicated subject into a clear roadmap.

In her 6-Step Framework approach: The Pain, The Process, The Purpose, The Potential, The Promise, Your Plan, Hyacinth breaks down into small bite sizes these six important components on how to identify and respond in a positive way to life's challenges.

Hyacinth shows you how the significant setbacks in her life were divinely orchestrated for setups: You will come away with confidence and clarity in your purpose; find wholeness in spirit, soul and body and empowered to join with others to display the fullness of Gods kingdom here and now!

WHAT IS E-LEARNING?

Hyacinth will use a platform called Zoom. It's a video and audio conferencing on-line platform which she will host. You will be able to see Hyacinth and her PowerPoint presentation slides.

What do I need?

- ▶ Access to either a laptop, desktop, I-phone, I-pad or Smartphone.
- ▶ Headphones that work with your device
- ▶ If you want to be seen by others in the session, you will need a separate camera that works with your device

The course is self-directed because you can do the short assignments at your own pace.

- ▶ **Each session will start at 19:30 hours GMT and last for 40 minutes.** When you register and make your payment, you will receive specific instructions on how to join the session on Zoom. You will also receive timely alerts to remind you.

Each session will last for 40 minutes

LEARNING POINTS - WEEK 1 - THE PAIN

Everyone has pain. It's not just a physical symptom but there are other dimensions. Pain can affect us in different ways and impact us on many fronts: emotionally, psychologically, socially and financially. Pain can be the results of trauma and affect us from our childhood into adulthood. Through God's healing power you can begin to unpack the layers and expose some of the root causes of the setbacks you experience.

LEARNING POINTS - WEEK 4 - THE POTENTIAL

We all have potential. Potential is: Qualities or abilities that needs to be developed.

One method to help you unleash your potential is to ask yourself the question: 'What am I passionate about'? Passion is a strong emotion that we have inside of us; passion drives us to reach our potential.

The Hebrew and Greek word that captures this more precisely in one word is: 'Shalom'. Hyacinth will bring inspired teaching on this root word that means: 'To be complete.'

LEARNING POINTS - WEEK 2 - THE PROCESS

We live in a world of instant gratification. It is easier to expect things to happen instantly, but life itself is a process. The beauty of learning experientially involves you to walk from one process to another one step at a time. This is where change happens. It's all an adventure.

Hyacinth will give you keys to be consistent and help you walk in the fullness of what God has for you.

LEARNING POINTS - WEEK 5 - THE PROMISE

The Promise is centred on the most widely read ancient book in history - The Bible. Written from a Christian perspective Hyacinth shares in her book how her relationship with a Loving God and His Word helped her to walk from Pain, through the Process and into the Promise of Healing, Wellness and Wholeness. Without being whole we cannot positively impact others. Hyacinth shows you the way.

LEARNING POINTS - WEEK 3 - THE PURPOSE

Hyacinth's **passion** is to help people reach their **potential** and walk in their God-given **purpose**.

Purpose is a hot topic today, and it seems that everyone is trying to find out why they were put on the earth.

You will learn that your purpose is something you already carry inside you. You just have to find out about it.

Hyacinth explores some reasons behind the difficulty in finding your purpose. She will empower you to acknowledge, develop, and refine your God-give purpose.

LEARNING POINTS - WEEK 6 - YOUR PLAN

Drawing from her book, Hyacinth helps you to write down your next steps by using SMART objectives. An objective is a statement which describes what an individual, team or organization is hoping to achieve. SMART objectives are: specific, measurable, achievable, realistic and timely or time-bound.

£210 or (6 instalments of £35) Individual

6 - Week Course

- 6 Teachings
- Videos and PowerPoint presentations
- Workbook
- Videos
- One-to-one support
- Access to 3 Coaching Calls
- Signpost to counselling and/or specialist support



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BENEFITS:

- Relax and enjoy the course in the comfort of your own home
- Share in the conversation on specific subjects
- Hear from other speakers
- Identify/explore your goals, vision, dream, mission
- Empower and mobilise you into action

Help you to respond to see the *setup* in your *setback*

£750 (£187.50 per person) for
Groups of 4

6-Week Course

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- Individual Workbook
- Access to 3 Coaching Calls
- Signpost to counselling and/specialist support

Register details and payment option by 30th April 2018



